

# GPAC Feasts at the Gravy Bowl

Setting four new team records, winning five individual high-point awards, establishing 16 new SES cuts, and a team title to boot, GPAC swimmers roasted the competition at the Gravy Bowl Invitational at UWF November 18-20.

For the third consecutive meet, **Tori Bindi**, 13, won the high-point award for her age group, setting three new team records and winning five out of seven individual events. Tori lowered her previous team record in the 50 freestyle (24.14) and set a new record in the 100 fly (57.12), and as part of the 13-14 girls' 200 freestyle relay along with **Olivia Allen**, **Brooke Ferrara**, and **Lexi McNamara**. (1:41.69). The Senior girls' 200 medley relay of **Caroline Page**, **Jacquie Kinman**, **Olivia Weekley** and **Brianna Mount** set a new team record as well, erasing the fifteen year-old mark.

**Cameron Jones**, 10, took home his second consecutive trophy for high point winner, winning six of seven individual events and posting all life-best times. Similarly, **Alex Hernandez**, 12, won six events and took home high-point winner accolades. **Steffen Mount**, 14, in his first meet for GPAC, swam all best times and captured the high-point award. **Olivia Weekley**, 15, turned in several impressive swims and toted home the 15-18 girls' high-point award.

Eleven swimmers combined to post 16 new SES Champs qualifying times: **Ethan Beaver**, 9 (50 Br), **Ashley Burroughs**, 10 (100 Bk), **Adam Foley**, 17 (50 Fr), **Jacquie Kinman**, 15 (200 IM, 200 Fr), **Makayla Ludwick**, 10 (50 Bk, 200 Fr), **Grace Matthews**, 10 (100 Bk), **Lexi McNamara**, 14 (100 Fr), **Grace Menzies**, 12 (200 IM, 50 Bk, 100 Br, 100 Bk), **Tatiana Oberley**, 13 (100 Br), **Payton Olson**, 9 (50 Fr) and **Jack Tona**, 16 (100 Fr).

Seventy three GPAC swimmers posted at least one life-best time over the weekend, and overall, GPAC swimmers boasted a 66% life-time best percentage in their individual swims.